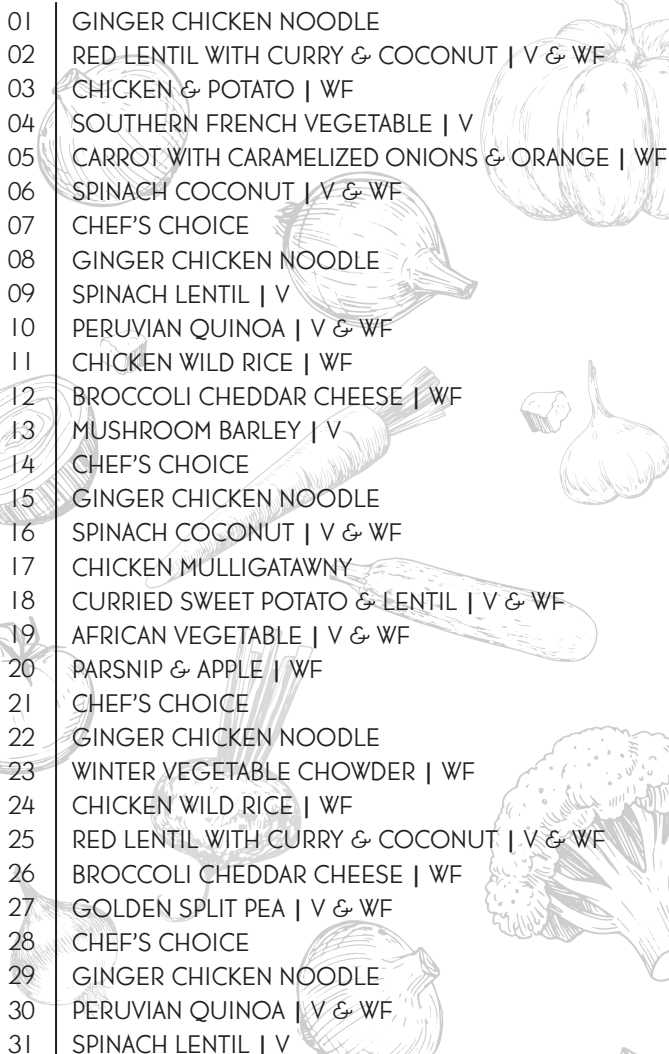


JANUARY SOUP MENU

ALL OF OUR CO-OP MADE SOUPS ARE MADE
FROM SCRATCH USING OUR FROM-SCRATCH STOCK,
FRESH ORGANIC OR ALL-NATURAL INGREDIENTS.

YOU'LL TASTE THE DIFFERENCE!

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| 01 | GINGER CHICKEN NOODLE |
| 02 | RED LENTIL WITH CURRY & COCONUT V & WF |
| 03 | CHICKEN & POTATO WF |
| 04 | SOUTHERN FRENCH VEGETABLE V |
| 05 | CARROT WITH CARAMELIZED ONIONS & ORANGE WF |
| 06 | SPINACH COCONUT V & WF |
| 07 | CHEF'S CHOICE |
| 08 | GINGER CHICKEN NOODLE |
| 09 | SPINACH LENTIL V |
| 10 | PERUVIAN QUINOA V & WF |
| 11 | CHICKEN WILD RICE WF |
| 12 | BROCCOLI CHEDDAR CHEESE WF |
| 13 | MUSHROOM BARLEY V |
| 14 | CHEF'S CHOICE |
| 15 | GINGER CHICKEN NOODLE |
| 16 | SPINACH COCONUT V & WF |
| 17 | CHICKEN MULLIGATAWNY |
| 18 | CURRIED SWEET POTATO & LENTIL V & WF |
| 19 | AFRICAN VEGETABLE V & WF |
| 20 | PARSNIP & APPLE WF |
| 21 | CHEF'S CHOICE |
| 22 | GINGER CHICKEN NOODLE |
| 23 | WINTER VEGETABLE CHOWDER WF |
| 24 | CHICKEN WILD RICE WF |
| 25 | RED LENTIL WITH CURRY & COCONUT V & WF |
| 26 | BROCCOLI CHEDDAR CHEESE WF |
| 27 | GOLDEN SPLIT PEA V & WF |
| 28 | CHEF'S CHOICE |
| 29 | GINGER CHICKEN NOODLE |
| 30 | PERUVIAN QUINOA V & WF |
| 31 | SPINACH LENTIL V |

MAMA'S VEGGIE CHILI SERVED DAILY

OUTPOST
NATURAL FOODS

WF = wheat free | V = vegan

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarantee it.